

1. HIV hrik paiten sex an hmanin, condom an hmang ngei tur a ni.
2. An sex hmanpuite HIV kai thei dinhmuna an dah a nih chuan, an remtihna tel kher lo pawhin doctor emaw, counselor emaw, hriselna lama thawktute'n an dinhmun chu an kawppuite an hrilhsak thei.
3. HIV hrik paite'n hriau leh syringe tu mah an tawmpui tur a ni lo.

HIV hrik pai naupangte emaw HIV avanga fahrahte humhalhna dan :

Naupang, an nu leh pate atanga HIV kai emaw, HIV avanga fahrah naupang emaw, an nu leh pate ro an khawm theihna tur leh an chanvo humhimsak theihna turin an chung leh khat emaw, an mahni enkawltu emawte leh an tana mi thahnem ngai mi tu pawhin Child Welfare Committee puih bawmna an dilpui thei.

Thinhrakna leh endawngna tawkte tana hma lak dan tur

1. MSACS Office-ah phone emaw, ziaak emaw, email emaw leh mahni ngei kal emawa report/complaint siam theih a ni.
2. Ombudsman hnenah phone emaw, ziaak emaw, email emaw leh mahni ngei kal emawa report/complaint siam theih a ni.

HIV hrik paite remtihna tel lova an dinhmun lo puanzarsak emaw, anmahni leh an laichinte thinhrak leh endawng avanga HIV/AIDS Act 2017 hmanga hremnate:-

1. Rs. 1,00,000/- (Cheng nuaikhat) thleng chawi.
2. Thla 3 atanga kum 2 thleng tan.
3. Thla 3 atanga kum 2 thleng tan leh pawisa chawi.
4. Ombudsman thu tlukna zawm lo chuan Rs. 10,000/- (Cheng sing khat) chawi leh thu zawm loh vanga ni tin Rs. 5,000/- (Cheng sangnga) chawi belh zel.
5. Thu buai kal mekah, thuruk sawi chhuah vangin Rs. 1,00,000/- (Cheng nuaikhat) thleng chawi theih.

MSACS hmalakna hrang hrang te hriatbelh duh i neih chuan QR code hi scan rawh.



MIZORAM STATE AIDS CONTROL SOCIETY

**HIV/AIDS
(PREVENTION & CONTROL ACT)
2017**

HIV hrik paite tana dikna chanvo humhalhna dan.

HIV hrik paite tana an dikna chanvo humhalhna dan hi India ram pumah 10th September 2018 aṅga hman ṭan a ni.

He danin a thil tum lian tak takte chu:-

1. India rama HIV leh AIDS darh zel tur ven.
2. HIV hrik paite leh an laichinte dikna chanvo humhalhsak.
3. HIV avanga thinhrikna lehendawngna tuarte tana an harsatna chin felpui tura hmalak.

HIV/AIDS Prevention & Control Act hnuaiah hian tu mahin heng a hnuaia tarlanah te hian thinhrikna, en hranna leh harsatna an tawḡ tur a ni lo, hetiangin:-

1. Eizawṇna leh hna dilnaah:

HIV hrik pai leh an laichinte nih avanga hna dilnaa hnawḡ emaw, an hnathawh meknaa ban leh en hran emaw te hi khap tlat a ni.

2. Damdawi In leh a kaihḡnawih inenkawḡnaah:

HIV hrik pai emaw an laichinte emaw an nih vang maiin tu mahin damdawiin ah a ni emaw, inentirna hmun dang (clinic)-ah emaw te hnawḡ, en hran, enkawḡ duh lohte an tawḡ tur a ni lo.

3. Vantlang pun khawṇnaah:

HIV hrik pai a ni emaw an laichin emaw an nih vanga puipunna hmuna tel ve phal loh hi he dan hian a khap tlat a ni.

4. Zirna Inah:

HIV hrik pai a ni emaw an laichin emaw an nih vanga zirna Ina en hran, hnawḡ (admission phal loh) leh zirna chawḡhtirte hi he dan hian a khap tlat a ni.

5. Chetvelnaah/ puipunnaah:

HIV hrik pai a ni emaw an laichin emaw an nih vanga vantlang chetvelna hmun hrang hrang (puipunna, vantlang hmun, chen honaah) kal leh tel phalsak lohte hi he dan hian a khap tlat a ni.

6. In leh lo lehthilneihchungchangah:

HIV hrik pai a ni emaw an laichin emaw an nih vanga In leh lo, sum, rohlu leh inrochun theih thil chungchangah thliar hranna emaw, khapsakna emaw, laksak emaw te hi he dan hian a khap tlat a ni.

7. Sawrkar leh mimal:

HIV hrik pai a ni emaw an laichin emaw an nih vanga sawrkar emaw, mimal thil emaw, a hna leh dinhmun pawimawh an chelh tur khapsak te, danbeh leh thinhrikna lantirte hi he dan hian a khap tlat a ni.

Entirna: Village Council inthlanah HIV hrik pai an nih vanga hnawḡ emaw, a nihna sawi mualpho hi he dan hian a khap tlat a ni.

8. Vantlang hmuna kal leh tel chungchangah:

HIV hrik pai a ni emaw an laichin emaw an nih vanga mi mal leh vantlang tana hman tur thil, **Entir nan:** bus, taxi, bazarna, tuikhur, vantlang inthiarna, thlan mual, lu men leh mitthi sawngbawḡ leh a dangahte an tel leh kal chungchangah en hran, khap te he dan hian a phal lo a ni.

En hranna leh thinhrikna chungchangah :

HIV hrik paite leh an laichinte chungah hleilenna leh endawngna hi he dan hian a khaptlat a, a hnuaia tarlan hrang hrang hmanga thinhrikna lantirte hi danin a khap a ni. Hetiangin:

- a. Thuziak leh thusawi,
- b. Thuchhuah,
- c. Chezia leh mitmei,
- d. Thu theh darh,
- e. Huatna lantir leh sawi chhuah.
- f. Anmahni huatna leh duh lohna ti lang zawnga hma lak.

HIV hrikpaite an dinhmun lo sawichhuah chungchangah :

HIV hrik paite nihna leh dinhmun hi an phalna lovin sawi chhuahsak khap tlat a ni.

HIV hrik paite an nihna leh an dinhmun sawi chhuak tura nawr luih hi khap tlat a ni.

Entirnan: Nupa inṭhen vanga an kawppuite HIV hrik pai an nihna sawi chhuah ang te hi khap tlat a ni.

HIV hrik paite hian midangte kai chhawng lo tura hmalak hi an mawhpurhna a ni

HIV hrik paiten mipat hmeichhiatna lama an kawppuite hnenah hri kai darh tur ven nan, an nihna hi an zep tur a ni lo a, invenna (condom) an hmang ngei tur a ni. Fimkhur lo taka an khawsak avanga mi dang an kai chhawḡ chuan, dan (Sec. 272 of BNS) hmanga hrem theih an ni.